



ENDEAVOUR sports group

"WEST" AND "EAST" OTTAWA CHRISTMAS BREAK MINI-CAMPS

WEST:

Monday, December 28th
9:00-11:00am
Stittsville Arena
Tuesday, December 29th
9:00-11:00am
Stittsville Arena

EAST:

Tuesday, December 29th
1:30-3:30pm
RA Centre
Wednesday, December 30th
1:30-3:30pm
RA Centre

Cost: \$150.00 (GST incl. – LIMITED SPACE PER SESSION – East & West are separate groups)

Ages:

Open to Novice, Atom, Peewee, and Bantam players.
Open to players of all positions – however limited goalie positions (4 per group) are available.

Curriculum:

The camp will consist of 4 hours of on-ice work with a focus on skating skills (*such as balance, quick feet, and stride*), puck skills (*such as passing, dekes, and shooting principles*), and game tactics (*such as puck protection, puck support, and defensive side positioning*). The format will cover each of these themes daily through the use of *station work, high repetition drills, and small area games*.

Staff:

Endeavour Sports Group staff + guest instructors (see bio's on-line @ www.endeavoursportsgroup.com)

REGISTRATION INFORMATION

Name: _____ Date of Birth: _____ Position: G D F
Email Address: _____ Phone #: _____
Guardian Name & Emergency Contact #: _____

WAIVER: The participant and his/her guardian agree that Endeavour Sports Group, our instructors, staff, sponsors, and management will not be held responsible for any accidents or loss, however caused, and agree to release the proprietors and management of Endeavour Sports Group for all claims or damages which may arise as a result of, or reason of such accident or loss.

I agree to comply with all written and verbal regulations/rules enforced by the staff and facility representatives. I understand that any failure to comply could result in dismissal from the activity and/or immediate expulsion from the session and/or program without any program refund or credit. It is understood that irresponsible, abusive, and/or inappropriate behavior will not be tolerated, and that participants shall refrain from the use of alcohol, tobacco, and any other non-medical drugs while participating in the program. Any questions I have about the rules and/or their application will be brought to the attention of the staff person responsible. Any charges incurred as the result of non-compliance of Endeavour Sports Group rules (outlined at beginning of program) will be borne by the individual (i.e. travel fare, damage charges, fines, etc.).

MEDICAL CONDITIONS

Please note any medical conditions that your child may have such as peanut allergies, asthma, etc. Please be advised that we are not a "peanut free" program. Any medications for emergency use should be left with the staff. In the case of any emergency, we will contact emergency medical personnel.

CONDITION: _____

Signature of Parent/Guardian: _____ Date: _____

Please complete this form and return with payment. No cancellations are permitted. Please make cheques payable to:

ENDEAVOUR SPORTS GROUP

PO Box 1153, Stn Main, Stittsville, ON K2S 1B2

For more information please contact Mike at 224.612.2431 or via email at mikep@endeavoursportsgroup.com